

ALTRINCHAM COLLEGE

MEAL DEAL 1

OPTION 1, 2, 3 OR PASTA DISH, LARGE WATER AND BISCUITS OR FRUIT £2.75

MEAL DEAL 2

BAKED POTATO 2 FILLING OR SANDWICH, LARGE WATER AND BISCUITS OR FRUIT £2.50

LUNCH Menu

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 (£2.20)	Spanish Chicken and Chorizo Ciabattas with Paprika Potatoes (G, M, *Mu, *So) 	Chilli con Carne served with Steamed Rice and Broccoli	Roast of the Day Turkey, Mash, Roast Potatoes, seasonal Vegetables and Gravy (M)	BBQ Chicken served with Homemade Salt & Pepper Wedges and Side Salad	Fish & Chips Served with Mushy peas or Beans (G,F)
Option 2 (£2.20)	Moroccan style falafel on Ciabatta with Paprika Potatoes (G, M, *Mu, *So)	Veggie Chilli con Carne	Roast of the Day Cauliflower Cheese, Mash, Roast Potatoes, Seasonal vegetables and gravy (M, G)	BBQ Quorn Bites Served with Salt & Pepper Wedges and Side Salad (G)	Fishless Fingers & Chips Served with Mushy Peas or Beans (G)
Option 3 (£2.20)	Chicken Pesto Pasta served with Salad (G)	Chicken Burger with Salad (E, Se*)	Pasta and Meatballs (G, E)	Selection of Pizza's Cheese & Tomato Cheese & Pepperoni (M,G, Mu*, So*) 	Southern fried Chicken wrap with a choice of salad and sauces (G) 
Dessert	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits

OTHER DAILY SELECTIONS:

Baked Potatoes
with Cheese, Beans, Tuna or Coleslaw
Plain **£1.10**
1filling **£1.60**
2filling **£1.80**



Salad Bar
Filled with vegetables, proteins, pasta, rice and noodles
£1.80

Sandwiches/ wraps
Variety of fillings
From £1.60 - £2.00



Pasta Dish
served with Salad
£2.20

Allergen Key:

May Contain*

Celery - **C**
Eggs - **E**
Milk - **M**
Nuts - **N**
Soya - **So**

Gluten - **G**
Fish - **F**
Molluscs - **Mo**
Peanuts - **P**
Sulphur Dioxide - **Su**

Crustaceans - **Cr**
Lupin - **L**
Mustard - **Mu**
Sesame Seeds - **Se**

If you have a food allergy or intolerance, please ask a member of staff about the ingredients in your meal.

