

ALTRINCHAM COLLEGE

MEAL DEAL 1

OPTION 1, 2, 3 OR PASTA DISH, LARGE WATER AND BISCUITS
OR FRUIT £2.75

MEAL DEAL 2

BAKED POTATO 2 FILLING OR SANDWICH, LARGE WATER AND
BISCUITS OR FRUIT £2.50

LUNCH Menu

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 (£2.20)	Spaghetti Bolognaise, Garlic Bread and Sweetcorn (G, M*, So*)	Sausage and Mash, Seasonal Vegetables and gravy (G, M, Su)	Chicken Jalfrezi, Sunshine Rice and Broccoli	Mac 'n' Cheese Side Salad (M, G, Mu)	Chicken Burrito served with Nachos, Salsa and Coleslaw (G, E)
Option 2 (£2.20)	Vegetable and Lentil Bolognaise, garlic bread and Sweetcorn (G, M*, So*)	Quorn Sausage and Mash, Seasonal Vegetables and gravy (G, M)	Sweet Potato and Chickpea Jalfrezi served with Sunshine Rice and Broccoli		Vegetable Burrito served with Coleslaw (G, E)
Option 3 (£2.20)	Chicken burger served with Pickled Salad (G, Se*)	Chicken Tacos	Selection of Paninis Tuna Melt Cheese & Tomato Cheese & pepperoni Ham & Cheese (G, E, F, M, Se*)	Katsu Chicken served with Basmati Rice and a beetroot Salad (G)	Hot Dogs (G, Se*)
Dessert	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits

OTHER DAILY SELECTIONS:

Baked Potatoes
with Cheese, Beans, Tuna or Coleslaw
Plain **£1.10**
1filling **£1.60**
2filling **£1.90**



Salad Bar
Filled with vegetables, proteins, pasta, rice and noodles
£1.80

Sandwiches/ wraps
Vary of fillings
£1.60 – £2.00



Pasta Dish
served with Salad
£2.20

Allergen Key:

May Contain*

Celery – **C**
Eggs – **E**
Milk – **M**
Nuts – **N**
Soya – **So**

Gluten – **G**
Fish – **F**
Molluscs – **Mo**
Peanuts – **P**
Sulphur Dioxide – **Su**

Crustaceans – **Cr**
Lupin – **L**
Mustard – **Mu**
Sesame Seeds – **Se**

If you have a food allergy or intolerance, please ask a member of staff about the ingredients in your meal.

