

MEAL DEAL 1

OPTION 1, 2, 3 OR PASTA DISH, LARGE WATER AND BISCUITS OR FRUIT £2.75

MEAL DEAL 2

BAKED POTATO 2 FILLING OR SANDWICH , LARGE WATER AND BISCUITS OR FRUIT £2.50

LUNCH Menu

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 (£2.20)	Marinated Chicken Shawarma served with Rainbow Slaw and Salad (G, E) 	BBQ Jerk Chicken Drumsticks served with Rice & Peas and Sweetcorn Cobette (Mu) 	Chicken Tikka Curry, Vegetable Rice with Kachumber Salad (M)	Sweet Chilli Chicken Served with Rice Or Beef and Vegetable Hoi Sin Stir-Fry (Se, So, G, E)	Shepherd's Pie served with Seasonal Vegetables (M)
Option 2 (Veggie) (£2.20)	Vegetable Shawarma served with Rainbow Slaw and Salad (G)	BBQ Jerk Cauliflower Bites served with Rice & Peas and Sweetcorn Cobette (G, Mu, So*)	Mediterranean vegetable Tikka curry Served with rice and Kachumber Salad (M)	Vegetable stir-fry in Hoi Sin sauce (Se, So, G)	Meat free Pie served with Seasonal Vegetables (M, So)
Option 3 (£2.20)	Beef Burgers with a choice of cheese, salad and sauces (G, Se*)	Chilli Nacho's With a choice of toppings	Flat breads Cheese & Ham Cheese & Tomato Cheese & Pepperoni (G, M)	Meatball Sub (G, E)	Southern fried Chicken wrap with a choice of salad and sauces (G) 
Dessert	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits

OTHER DAILY SELECTIONS:

Baked Potatoes
with Cheese, Beans, Tuna or Coleslaw

Plain **£1.10**

1filling **£1.60**

2filling **£1.90**



Salad Bar

Filled with vegetables, proteins, pasta, rice and noodles
£1.80

Sandwiches/ wraps

Variety of fillings
From £1.60 - £2.00



Pasta Dish

served with Salad
£2.20

Allergen Key:

May Contain*

Celery – **C**
Eggs – **E**
Milk – **M**
Nuts – **N**
Soya – **So**

Gluten – **G**
Fish – **F**
Molluscs – **Mo**
Peanuts – **P**
Sulphur Dioxide – **Su**

Crustaceans – **Cr**
Lupin – **L**
Mustard – **Mu**
Sesame Seeds – **Se**

If you have a food allergy or intolerance, please ask a member of staff about the ingredients in your meal.

