






## LUNCH Menu

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Option 1</b> (£2.00)	Chicken Jalfrezi, Steamed Rice and Green Beans 	Hunters Chicken and bacon, Chips and Coleslaw  (E)	Homemade Lasagne, Beetroot salad and garlic bread (G, M, So*)	Meatballs, Mashed Potatoes, Seasonal Vegetables and Gravy (M)	Chicken noodle stir fry in Hoi sin Sauce (G, E, Se, So)
<b>Option 2</b> (£2.00)	Spring rolls, Side Salad and Chili Dip (C, G, E, M, So)	BBQ Quorn Bites served with chips and Coleslaw (So, E)	Vegetarian lasagna, Beetroot salad and garlic bread (G, M, So)	Mac 'n' cheese Served with Sweetcorn Salad (G, M)	Vegetable Stir fry (G, E, Se, So)
<b>Option 3</b> (£2.00)	Beef Burger on a floured bap with a Choice of cheese, salad and sauces (G, Se*)	Selection of Pizza's Cheese & Tomato Cheese & Pepperoni (M, G, Mu*, So*)	Sweet chili Chicken Chunks, Onion Rice and Leaf Salad  (G)	Chicken Burger  (G, Se*)	Southern fried Chicken wrap with a choice of salad and sauces  (G)
<b>Dessert</b>	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits

### OTHER DAILY SELECTIONS:

**Baked Potatoes**  
with Cheese, Beans, Tuna or Coleslaw  
Plain **£1.00**  
1filling **£1.50**  
2filling **£1.80**



**Salad bar**  
Filled with vegetables, proteins, pasta, rice and noodles.  
**£1.80**  
**Small £1.00**

**Sandwiches/ wraps**  
Variety of fillings  
**From £1.60 - £2.00**



**Pasta Dish**  
served with bread roll and Salad  
**£2.00**

### Allergen Key: May Contain\*

Celery - C  
Eggs - E  
Milk - M  
Nuts - N  
Soya - So

Gluten - G  
Fish - F  
Molluscs - Mo  
Peanuts - P  
Sulphur Dioxide - Su

Crustaceans - Cr  
Lupin - L  
Mustard - Mu  
Sesame Seeds - Se

If you have a food allergy or intolerance, please ask a member of staff about the ingredients in your meal.

