





**MEAL DEAL:**  
OPTION 1, 2 OR 3, LARGE WATER AND  
BISCUITS OR FRUIT £2.50

## LUNCH Menu

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Option 1</b> (£2.00)	Meatball Sub, Diced Potatoes and Mixed Leaf Salad <b>(G, E, Se*)</b>	Spaghetti Bolognese, Garlic Bread and Sweetcorn <b>(G, M*, So*)</b>	Sausage, Mash, Carrots, Yorkshire Pudding and gravy <b>(G, E, M, SU)</b>	Spanish Chicken and Chorizo Ciabattas with Paprika Potatoes <b>(G,* So, *Mu)</b> 	Meat and potato pie with Garden peas <b>(G)</b>
<b>Option 2</b> (£2.00)	Meat free Meatballs, Diced Potatoes <b>(G, Se*)</b>	Tex Mex burrito <b>(G)</b>	Quorn sausage, mash, Carrots, Yorkshire Pudding and gravy <b>(G, M, E)</b>	Peri Chicken with Pesto Pasta <b>(G)</b>	Cheese, onion and broccoli flan with a side Salad <b>(G, E, M)</b>
<b>Option 3</b> (£2.00)	Chicken Katsu with Katsu sauce and Steamed Rice and Salad <b>(G, So)</b> 	Selection of Paninis Tuna Melt Cheese & Tomato Cheese & pepperoni Ham & Cheese <b>(G, E, F, M, Se*)</b>	Jerk chicken drumsticks, diced potatoes and Coleslaw <b>(Mu, Su, G)</b> 	Hot Dogs <b>(G, Se*)</b>	Southern fried Chicken Wrap with a choice of Salad and sauces <b>(G)</b> 
<b>Dessert</b>	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits

### OTHER DAILY SELECTIONS:

**Baked Potatoes** with Cheese, Beans, Tuna or Coleslaw Plain **£1.00**  
1filling **£1.50**  
2filling **£1.80**



**Salad bar** Filled with vegetables, proteins, pasta, rice and noodles.  
**£1.80**  
Small **£1.00**

**Sandwiches/ wraps** Variety of fillings  
**£1.60 – £2.00**



**Pasta Dish** served with bread roll and Salad  
**£2.00**

### Allergen Key:

**May Contain\***

Celery – **C**  
Eggs – **E**  
Milk – **M**  
Nuts – **N**  
Soya - **So**

Gluten – **G**  
Fish – **F**  
Molluscs – **Mo**  
Peanuts – **P**  
Sulphur Dioxide - **Su**

Crustaceans – **Cr**  
Lupin – **L**  
Mustard – **Mu**  
Sesame Seeds - **Se**

If you have a food allergy or intolerance, please ask a member of staff about the ingredients in your meal.