

MEAL DEAL:
OPTION 1, 2 OR 3, LARGE WATER AND
BISCUITS OR FRUIT £2.50

LUNCH Menu

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY (FRY - DAY)
Option 1 (£2.00)	Marinated Chicken Shawarma served with Rainbow Slaw and Crispy Salad (G)	Shepherd's Pie served with Broccoli and Yorkshire pudding (M, G, E)	Roast Turkey, Mash and Roast Potatoes, Carrots, Cabbage and Gravy (M)	Chicken Tikka Curry	Battered Fish or jumbo sausage Chunky Chips with Beans or Mushy Peas (G, F, Su)
Option 2 (£2.00)	Homemade Tomato Soup with Cheesy Crusty Bread (G, M, So*)	Tuna Pasta bake (G, F, E)	Baked cauliflower cheese, Roast Potatoes, carrots, cabbage and gravy (G, M)	Black Bean Enchiladas (G)	Fishless Fingers, Chunky chips with beans or mushy peas (G)
Option 3 (£2.00)	Loaded Beef Nacho's + Beef Burgers (G, *Se)	Spicy Cheese melt Chicken burger Or Plain Chicken Burger (G, M, Se*)	Flat breads Cheese & Ham Cheese & Tomato Cheese & Pepperoni (G, M, E*)	Selection of Pizza's Cheese & Tomato Cheese & Pepperoni (M, G, Mu*, So*)	Southern fried Chicken wrap with a choice of salad and sauces (G)
Dessert	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits	Selection of Cakes Fresh Fruit Selection of biscuits

OTHER DAILY SELECTIONS:

Baked Potatoes
with Cheese, Beans, Tuna or Coleslaw
Plain **£1.00**
1 filling **£1.50**
2 filling **£1.80**



Salad bar
Filled with vegetables, proteins, pasta, rice and noodles.
£1.80
Small **£1.00**

Sandwiches/ wraps
Variety of fillings
From £1.60 - £2.00



Pasta Dish
served with bread roll and Salad
£2.00

Allergen Key: May Contain*

Celery – C
Eggs – E
Milk – M
Nuts – N
Soya - So

Gluten – G
Fish – F
Molluscs – Mo
Peanuts – P
Sulphur Dioxide - Su

Crustaceans – Cr
Lupin – L
Mustard – Mu
Sesame Seeds - Se

If you have a food allergy or intolerance, please ask a member of staff about the ingredients in your meal.

