

# What does autism look like in teenagers?

## Evening Q&A sessions

For parents and carers of young autistic people aged 10 to 16. We will discuss topics such as; understanding autism in teenagers, women and girls, self-esteem, stress and anxiety, puberty and planning for the future. You may have questions about anxiety, self esteem, puberty whatever it is, come and ask in a safe space and supportive parents.

Join from the comfort of you home on Zoom

**Thursday 27th April 7.00 pm to 8.30 pm or**

**Thursday 11th May 7.00 pm to 8.30 pm**

**Book your Free place now by visiting:**

**<https://www.eventbrite.co.uk/e/what-does-autism-look-like-in-teenagers-tickets-393086992777>**

Or email: [abigail.gibson@nas.org.uk](mailto:abigail.gibson@nas.org.uk)

## Information and support

Get free resources and advice on a wide range of issues affecting autistic people and their families.

**Visit:**

[www.autismgm.org.uk](http://www.autismgm.org.uk)

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