

VAPING

DID YOU KNOW?

The liquid in electronic cigarettes (e-cigarettes) and vapes usually contains nicotine, flavourings, and harmful chemicals.

WHAT ARE THE RISKS?

MONEY

- It's expensive!
- The cost of vaping can add up quickly



HEALTH

- Vaping can cause tooth loss, gum disease and bad breath
- Nicotine contributes to stress, fits and lung diseases



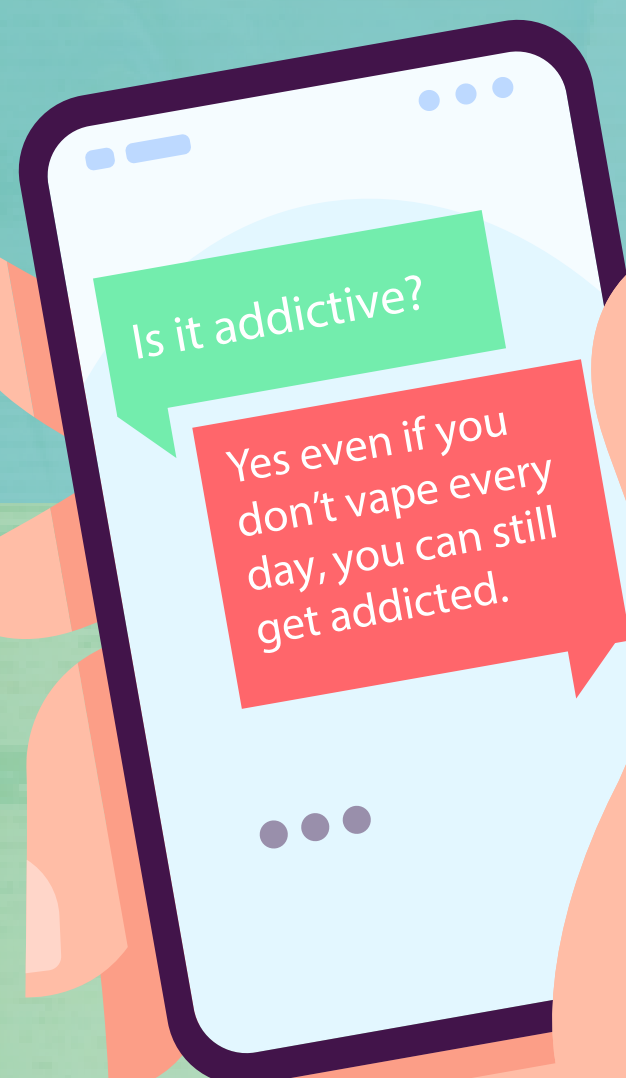
LAW

- You must be over 18 years old to buy a vape or liquids
- Not all vapes are properly regulated. They can malfunction and cause injuries like burns

ENVIRONMENT

Vapes (particularly disposable ones) contribute to:

- Toxic and single use plastic waste



Follow us on Instagram!



Trafford School Nurses
(@traffordschoolnursing)

How to find out more?

Chat with a School Nurse* by texting

Chat Health to 07312 263 056

*School Nurses will be available between Monday to Friday 8:30am to 4:30pm



Trafford Local
Care Organisation



ChatHealth