SPORT COURSES

ALTRINCHAM COLLEGE

SPORT COURSES ON OFFER

ALTRINCHAM 6TH FORM

A LEVEL PHYSCIAL EDUCATION

CAMBRIDGE TECHNICAL SPORT AND PHYSICAL ACTIVITY

> (LEVEL 3 EXTENDED CERTIFICATE)

A LEVEL: AQA PHYSICAL EDUCATION

- Our A-level Physical Education qualification allows students to play to their strengths and gain dynamic theoretical and practical skills for further education or work. AQA have worked with teachers, higher education, the Youth Sport Trust and other subject experts to design our specifications.
- A-Level PE enables you to apply for higher education courses in sports science, sports management, healthcare, or exercise and health. It can also complement further study in subjects such as biology, human biology, physics, psychology, nutrition and sociology.



WHAT DOES THE A LEVEL INCLUDE

PAPER 1

Factors affecting participation in sport and physical activity

- APPLIED
 ANATOMY
 AND
 PHYSIOLOGY
- SKILL ACQUISITION

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SPORT AND SOCIETY

HOW IS IT ASSESED

- Written exam:2 hours
- 105 marks
- 35% of A Level

WHAT DOES THE A LEVEL ASSESS

PAPER 2

Factors affecting optimal performance in sport and physical activity

- PHYSIOLOGY
 AND
 BIOMECHANICS
-) SPORT PSYCHOLOGY

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SPORT AND
SOCIETY AND
TECHNOLOGY
IN SPORT

HOW IS IT ASSESED

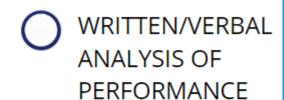
- Written exam:2 hours
- 105 marks
- 35% of A Level

WHAT DOES THE A LEVEL ASSESS

Non exam assessment: Practical performance in physical activity and sport

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HOW IS IT ASSESED

- Internal and external assesment
- 90 marks
- 30% of A Level



CAMBRIDGE TECHNICAL SPORT AND PHYSICAL ACTIVITY (LEVEL 3 CERTIFICATE)

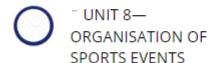
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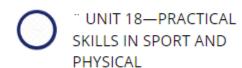
Mandatory units:

- " Unit 1—Anatomy & Physiology (Written exam—assessed externally)
- " Unit 2—Sports coaching and Activity Leadership (coursework and observations)
- " Unit 3—Sports Organisation and Development (written exam—externally assessed)

Our chosen

Optional units





SPORTING CAREERS AND SUBJECT LINKS

Physiotherapist Researcher Sport Marketing PR & Communications Lifeguard Sport and exercise phycologist Leisure Operations and Management Sport broadcaster PE Teacher Personal Trainer Sport journalist Sports Analyst Sport Scientist Sport Lawyer Sport agent Professional athlete Strength and conditioning coach Sport development officer Sports photographer Sport coach Outdoor Activities and Education Armed Forces Firefighter Sport Nutrition National Governing Bodies Police

Subject links: English, Biology, Business, Law and Psychology

ENTRY REQUREIMENTS

Five GCSEs at Grade 9-6 including English Language, maths and science. A minimum of Grade 6 in GCSE PE is essential. Club-level standard practical or coaching performance within one selected sporting activity.

You will be required to attend a practical assessment prior to the start of the course.

Sports

THANK YOU

A Level PE and OCR Cambridge National Sport and Physical Activity