

SPORT COURSES

ALTRINCHAM COLLEGE

SPORT COURSES ON OFFER



ALTRINCHAM 6TH
FORM

A LEVEL
PHYSICAL
EDUCATION



CAMBRIDGE
TECHNICAL SPORT
AND PHYSICAL
ACTIVITY

(LEVEL 3
EXTENDED
CERTIFICATE)

A LEVEL: AQA PHYSICAL EDUCATION

- Our A-level Physical Education qualification allows students to play to their strengths and gain dynamic theoretical and practical skills for further education or work. AQA have worked with teachers, higher education, the Youth Sport Trust and other subject experts to design our specifications.
- A-Level PE enables you to apply for higher education courses in sports science, sports management, healthcare, or exercise and health. It can also complement further study in subjects such as biology, human biology, physics, psychology, nutrition and sociology.





WHAT DOES THE A LEVEL INCLUDE

PAPER 1

Factors affecting participation in sport and physical activity



**APPLIED
ANATOMY
AND
PHYSIOLOGY**





**SKILL
ACQUISITION**



**SPORT AND
SOCIETY**

HOW IS IT ASSESSED

- Written exam:
2 hours
 - 105 marks
 - 35% of A
Level
- 





WHAT DOES THE A LEVEL ASSESS



PAPER 2


Factors affecting optimal performance in sport and physical activity



 EXERCISE
PHYSIOLOGY
AND
BIOMECHANICS

 SPORT
PSYCHOLOGY

 SPORT AND
SOCIETY AND
TECHNOLOGY
IN SPORT

HOW IS IT ASSESSED

- Written exam:
2 hours
 - 105 marks
 - 35% of A
Level
- 



WHAT DOES THE A LEVEL ASSESS

Non exam assessment: Practical
performance in physical activity and sport




**STUDENTS ARE ASSESSED AS
A PERFORMER OR A COACH**



**WRITTEN/VERBAL
ANALYSIS OF
PERFORMANCE**

HOW IS IT ASSESSED

- Internal and external assesment
 - 90 marks
 - 30% of A Level
- 



OPPORTUNITY

CAMBRIDGE TECHNICAL SPORT AND PHYSICAL ACTIVITY (LEVEL 3 CERTIFICATE)

Mandatory units:

- ~ Unit 1—Anatomy & Physiology (Written exam—assessed externally)
- ~ Unit 2—Sports coaching and Activity Leadership (coursework and observations)
- ~ Unit 3—Sports Organisation and Development (written exam—externally assessed)

Our chosen

Optional units



~ UNIT 8—
ORGANISATION OF
SPORTS EVENTS



~ UNIT 18—PRACTICAL
SKILLS IN SPORT AND
PHYSICAL



SPORTING CAREERS AND SUBJECT LINKS

Physiotherapist Researcher Sport Marketing PR & Communications Lifeguard
Leisure Operations and Management Sport and exercise phycologist Sport broadcaster
PE Teacher Personal Trainer Sport journalist Sports Analyst Sport Scientist Sport Lawyer
Sport agent Professional athlete Strength and conditioning coach Sport development officer
Sports photographer Sport coach Outdoor Activities and Education Armed Forces Firefighter
Sport Nutrition Police National Governing Bodies

Subject links: English, Biology, Business, Law and Psychology

ENTRY REQUIREMENTS

Five GCSEs at Grade 9-6 including English Language, maths and science. A minimum of Grade 6 in GCSE PE is essential. Club-level standard practical or coaching performance within one selected sporting activity.

You will be required to attend a practical assessment prior to the start of the course.

THANK YOU

A Level PE and OCR Cambridge National Sport and Physical Activity
