

## MID-MORNING BREAK

### 10.45 am – 11.00 am

Bacon Barmcakes	90p
Bacon on Toast	70p
Toast	20p
Cheese & Tomato on Toast	50p
Crumpets	37p
Omelette Barm	65p
Assorted drinks	22-80p

## LUNCH TIME

### 12.40 pm – 1.30 pm

#### SNACKS

Sandwiches Ass.	£1.00p - £1.25
Filling	
Wraps(homemade)	£1.35
Hoagie	£1.25
Baguette	£1.25
Premier Sandwich	£1.25 - £1.40
Sour Dough Filled Bap	£1.30

#### SALAD BAR

Various Boxed Salads	£1.40
Small Pasta Pots & Protein 375gm	85p
Fresh Fruit	30p
Fresh Fruit Pots	50p

## HOT SERVERY

Chicken Joe's	£1.65
Pasta King	£1.65
Hot Wraps	£1.65
Pork Loin Steak	85p
Sausage & Mash	£1.30
Bean & Pasta Bake	£1.30
Sweet & Sour with Rice	£1.30
Curry & Rice	£1.30
Cottage Pie	£1.30
Tuna Bake	£1.30
Chilli Wrap	£1.30
Cauliflower Cheese	£1.30
Lasagne	£1.30
Cottage Pie	£1.30
Yorkshire Pudding & Filling	£1.55
Meat & Potato Pie	£1.30
Hot Pannini	£1.65
Jacket Potato with Various Filling	£1.05
Additional Fillings	55p
Quiche – Homemade	85p
French Bread Pizza	90p
Cheese & Tomato Pizza	92p
Vegetarian Grill	50p
Lemon Sole Grill	80p
Crispy Chicken Fillet in a bun	95p
Soup & Roll	88p
Sausage	37p

## VEGETABLES

Carrots	35p
Baked beans	36p
Sweetcorn & Peas	35p
Broccoli	35p
Cauliflower	35p

## SUNDRIES

Gravy	25p
Garlic Bread	35p
Jacket Wedges	63p
Chips (Lite – Reduced Fat)	93p
Heinz Baked Beans	36p
Jacket Potato	65p
Fresh Potatoes (Creamed)	30p
Fresh Potatoes (Roast)	43p